

Post Test For Automobile Safety Module

Please print this document, complete the test, and then return it to your program coordinator.

1. Drivers can accurately rate their degree of impairment due to drowsiness.

True or False

2. Effective measures to prevent falling asleep while driving are:

- A. Cold air in the face
- B. Playing loud music
- C. Stop and take a nap
- D. All of the above

3. In the state of New Jersey, driving sleepy is considered an aggravating factor in a fatal motor vehicle accident.

True or False

4. Circadian rhythms influence wakefulness independently with or without sleep deprivation

True or False

5. Residents are at increased risk for automobile accidents following a night on call.

True or False

6. The U.S. National Highway Traffic Safety Administration (NHTSA) estimates that drowsy driving accounts for how many traffic fatalities annually?

- A. About 750 or 2% of total traffic fatalities
- B. About 1500 or 4% of total traffic fatalities
- C. About 3000 or 8% of total traffic fatalities

7. Sleep related accidents are more common in the elderly than in young people

True or False

8. There are warning signs that can alert a driver to the danger of falling asleep while driving.

True or False

9. Twenty four hours of wakefulness impairs psycho-motor performance as much as what level of blood alcohol?

- A.-0.02%
- B.-0.05%
- C.-0.10%
- D.-0.15%

10. The two peak times for traffic accidents are:

- A. Late morning (10 AM) and late evening (11PM)
- B. Early morning (2AM) and mid-afternoon (2PM)
- C. Early morning (2AM) and early evening (7PM)
- D. Late morning (10AM) and early evening (7PM)