

Department of Psychiatry  
**Substance Use Disorders  
in 2017: Tackling the  
Opioid Epidemic and More**

**Wednesday, October 25, 2017**  
Sheraton Eatontown Hotel  
6 Industrial Way E, Eatontown, NJ  
7:45 a.m. – 4 p.m.

**REGISTRATION**

There is no registration fee for this program. The program and luncheon are open to all. However, in order to plan properly, advanced registration is required.

Please provide the following information to Kellie Murawski at 732-776-4930 or [kellie.murawski@hackensackmeridian.org](mailto:kellie.murawski@hackensackmeridian.org).

Name: \_\_\_\_\_

\_\_\_\_\_

Credentials: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

City, State, Zip: \_\_\_\_\_

Phone: \_\_\_\_\_

E-mail: \_\_\_\_\_

Institution: \_\_\_\_\_

Meridian team members can register online on the Physician Extranet under CME Calendar at [meridianhealthdoctor.com](http://meridianhealthdoctor.com) – go to Oct. 25, 2017.

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**SYMPOSIUM AGENDA**

- 7:45 a.m.** Registration/Breakfast  
**8:05 a.m.** Welcome  
*Stacy Doumas, M.D.*  
**8:15 a.m.** Overview & Scope of Substance Use Epidemic  
*Ramon Solhkhah, M.D.*  
**9 a.m.** KEYNOTE ADDRESS  
My Journey: Making Mental Health Essential Health  
*The Honorable Patrick J. Kennedy*  
**9:45 a.m.** Q & A with Patrick Kennedy  
**10 a.m.** Patrick Kennedy Book Signing and Coffee Break  
**10:30 a.m.** Update on Legalized Marijuana in New Jersey  
*The Honorable Mary Pat Angelini, MPA, CPS*  
**11:30 a.m.** Lunch  
**12 p.m.** Alcohol Use Disorders  
*Muhammad Abbas, M.D.*  
**1 p.m.** Adolescent Substance Use  
*Ramon Solhkhah, M.D.*  
**1:45 p.m.** Coffee Break  
**2 p.m.** Long Acting Treatments for Opioid Use Disorders  
*Richard Rosenthal, M.D.*  
**3 p.m.** Treatment of Perinatal Substance Use  
*Susan Neshin, M.D.*

Jersey Shore University Medical Center  
1945 State Route 33  
Neptune, NJ 07753



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Sponsored by the Christopher Center  
for Mental Health and Wellness

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Hackensack  
Meridian Health  
Jersey Shore University  
Medical Center

[JerseyShoreUniversityMedicalCenter.com](http://JerseyShoreUniversityMedicalCenter.com)

Department of Psychiatry

## Substance Use Disorders in 2017: Tackling the Opioid Epidemic and More



**KEYNOTE SPEAKER  
AND SPECIAL GUEST**  
The Honorable  
Patrick J. Kennedy  
Former U.S. Representative,  
Rhode Island

### PROGRAM DESCRIPTION

Substance use disorders are seen in patients throughout our health care system with prescription drug abuse reaching the level of an epidemic in our area. This symposium is designed to assist the participants in becoming more familiar with the current evidenced-based approaches for the treatment of substance use disorders including psychosocial and pharmacologic interventions. The keynote address will be given by Patrick Kennedy, former Rhode Island Congressman, who is an international advocate for the treatment of mental health and substance use disorders.

### OBJECTIVES

As a result of completing this educational activity, participants will be better able to:

- Describe risk factors, screening methods, prevention strategies and trends in substance use disorders;
- Discuss the DSM 5 diagnosis and clinical presentation of substance use disorders;
- Explain the current status of legalization of marijuana in New Jersey;
- Identify the unique aspects of substance abuse treatment in an adolescent population;
- Effectively treat substance use disorders using evidenced based therapeutic and psychopharmacologic interventions;
- Recognize the diagnostic and treatment concerns specific to patients in the perinatal period.

### Target Audience

Health professionals including psychiatrists, psychologists, nurses, nurse practitioners, advanced nurse practitioners, social workers, case managers, internal medicine physicians, obstetricians, pediatricians, surgeons, primary care physicians, emergency physicians and physician's assistants.

### CME Accreditation Statement

Meridian Health is accredited by the Medical Society of New Jersey to provide continuing medical education for physicians.

### AMA Credit Designation Statement

Meridian Health designates this live activity for a maximum of 6.5 AMA PRA Category 1 Credit(s)<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### Disclosure Statement

Meridian Health, in approving activities for *AMA PRA Category 1 Credit(s)<sup>™</sup>*, adheres to the ACCME Standards for Commercial Support<sup>SM</sup>. Meridian Health, is responsible for every aspect of the activity it certifies. Faculty and planners in a position to control content are expected to disclose relevant financial commercial relationships related to the activity. If a conflict is identified it is Meridian Health's responsibility to initiate a mechanism to resolve the conflict. Ramon Solhkhah, M.D., conducts research/grant support for Sunovion, Alkermes, Teva and Forest and is on the speaker's bureau for Janssen, Merck and Teva. Stacy Dumas, M.D. conducts research/grant support for Sunovion, Forest and Patient-Centered Outcomes Research Institute (PCORI). All other planners for this educational activity have nothing to disclose.

### Nursing Statement

**Nurses Contact Hours:** NJ Board of Nursing (NJAC 13:37-5.3) states: "A registered professional nurse or licensed practical nurse may obtain continuing education hours from the following: (d)3. Successful completion of continuing medical education courses recognized by the American Medical Association, the American Osteopathic Association or the American Podiatric Medical Association: one hour for each 60 minutes of attendance" therefore, CME credits obtained today may be used in place of nursing contact hours.

**Psychologists:** This program is cosponsored by New Jersey Psychological Association and Meridian Health System. NJPA is approved by the American Psychological Association to sponsor continuing education for psychologists. NJPA maintains responsibility for this program and its content.

### FACULTY

#### Stacy Dumas, M.D.

Vice Chair of Education, Department of Psychiatry, Jersey Shore University Medical Center  
Associate Professor,  
Seton Hall-Hackensack Meridian School of Medicine

#### Ramon Solhkhah, M.D.

Chair, Department of Psychiatry,  
Jersey Shore University Medical Center  
Corporate Medical Director of (Legacy) Meridian Behavioral Health Services  
Founding Chair and Professor of Psychiatry,  
Seton Hall-Hackensack Meridian School of Medicine

#### Patrick Kennedy

American Politician, Author, Speaker  
& Mental Health Advocate  
Former Democratic U.S. Congressman from Rhode Island

#### The Honorable Mary Pat Angelini, MPA, CPS

Executive Director of Prevention First,  
CEO of Preferred Behavioral Health,  
Former Member of the New Jersey General Assembly

#### Muhammad Abbas, M.D.

Medical Director, Addiction Services,  
Jersey Shore University Medical Center,  
Clinical Assistant Professor,  
Rutgers Robert Wood Johnson Medical School

#### Susan Neshin, M.D.

Medical Director, JSAS Healthcare, Inc.

#### Richard Rosenthal, M.D.

Professor of Psychiatry,  
Icahn School of Medicine at Mount Sinai  
Medical Director of Addiction Psychiatry,  
Mount Sinai Behavioral Health System  
Director, Mount Sinai Fellowship in  
Addiction Psychiatry

### PLANNING COMMITTEE:

Ramon Solhkhah, M.D.

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Joseph Miller, Ph.D., FACHE