



Hackensack
Meridian *Health*
Hackensack University
Medical Center

30 Prospect Avenue
Hackensack, NJ 07601

CME

Continuing Medical Education



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Partnership for
Maternal &
Child Health
OF NORTHERN NEW JERSEY

Maternal Health & Perinatal Safety Symposium

November 1, 2018

Robert Treat Hotel
50 Park Place, Newark, NJ



Purpose

This program is designed to provide physicians, nurses, social workers and other healthcare providers with a review of current issues impacting maternal health and perinatal safety in New Jersey and nationally. Renowned national and international acclaimed experts will address factors contributing to perinatal morbidity and mortality and propose prevention strategies that direct and enhance hospital obstetrical care for both patients and providers.

Objectives

At the conclusion of this learning activity the participant should be able to:

- Describe trends in Maternal Mortality in the US over the past two decades
 - Identify the value of an early warning system to recognize and respond to mothers with deteriorating conditions
 - Explain the epidemiology of maternal opioid dependence and program elements of comprehensive maternal treatment program.
 - Describe the meaning and outcomes of mindful based parenting to prevent intergenerational trauma and improve the quality of life for mothers and their children.
 - Review mood disorders and the impact of psychiatric medication taken during pregnancy.
 - Evaluate screening and treatment options for postpartum depression.
- Describe the current fetal monitoring process, identify problems and solutions.
 - Explain the racial and ethnic disparities in severe maternal mortality and morbidity.

Learning Outcome

The learner will be able to incorporate information regarding maternal health and perinatal safety into professional practice in order to provide improved care to this population.



To Register: partnershipmch.org/perinatalsafety

Agenda

7:30 – 8:30 a.m.

Registration & Continental Breakfast

8:30 a.m. – 8:45 a.m.

Welcome

Ilise Zimmerman, MPH, MS

President and CEO, Partnership for Maternal Child Health of Northern New Jersey

Ihor Sawczuk, M.D.

*President, Hackensack University Medical Center
Assistant Dean for Clinical Integration Hackensack Meridian School of Medicine at Seton Hall*

Shereef Elnahal, M.D., MBA

Commissioner, New Jersey Department of Health

8:45 a.m. – 9 a.m.

Purpose of Symposium

Andrew Rubenstein, M.D.

*Section Chief of Obstetrics, Department of Obstetrics and Gynecology,
Hackensack University Medical Center*

9 a.m. – 10 a.m.

“Recognizing Maternal Early Warning Signs”

Mary D’Alton, M.D.

*Chair, Department of Obstetrics and Gynecology,
Director of Services, Sloane Hospital for Women,
New York Presbyterian Hospital-Columbia
University Medical Center*

10 a.m. – 11 a.m.

“Disparities in Severe Maternal Morbidity and Mortality: Where Do We Go From Here?”

Elizabeth Howell, M.D.

*MPP, Vice Chair for Research, Mount Sinai Health System, Director, Women’s Health Research Institute,
Professor, Department of OB/GYN and Reproductive Science, Icahn School of Medicine at Mount Sinai*

11 a.m. – 11:15 a.m.

Break

11:15 a.m. – 12:15 p.m.

Break-out Session #1

“Re-engineering Fetal Monitoring”

Mark Evans, M.D.

Clinical Professor, Department of OB/GYN and Reproductive Science, Icahn School of Medicine at Mount Sinai

Break-out Session #2

“The Opioid Epidemic: Pregnant & Parenting Women”

Diane Abatemarco, Ph.D., MSW

*Professor of Obstetrics, Gynecology and Pediatrics,
Director of Maternal Addiction Treatment,
Education and Research, Sidney Kimmel
Medical College, Thomas Jefferson University*

12:15 p.m. – 1 p.m.

Networking Lunch

1 p.m. – 1:15 p.m.

“The Importance of Women’s Health”

Senator Loretta Weinberg

NJ State Senate Majority Leader

1:15 p.m. – 2:15 p.m.

“Mood Disorders During Pregnancy and the Post Partum Period: Lessons Learned Over Two Decades”

Lee S. Cohen, M.D.

*Director, Ammon-Pinizzotto Center for Women’s
Mental Health, Massachusetts General Hospital,
Edmund and Carroll Carpenter Professor
of Psychiatry, Harvard Medical School*

2:15 p.m. – 2:30 p.m.

Break

2:30 p.m. – 3:50 p.m.

“The Rising Maternal Mortality Rate: the Magnitude of the Problem and the Possible Solution”

Charles Lockwood, M.D., MHCH

*Senior Vice President, University of South Florida
Health, Dean, University of South Florida Health,
Morsani College of Medicine*

3:50 p.m. – 4 p.m.

Wrap-up / Evaluations

Andrew Rubenstein, M.D.

Ilise Zimmerman, MPH, MS

Disclosures: Planners have no financial disclosures to make. Speaker disclosures will be announced at each session. Approval status does not imply endorsement by the Partnership for Maternal and Child Health of Northern New Jersey, NJSNA or by NCC of any commercial products discussed/displayed in conjunction with the educational activity.

Successful Completion: To receive contact hours for this continuing education program, the registrant must sign-in on the sign-in sheet, attend the entire program, complete and submit an evaluation form. At that time a certificate of completion will be awarded.

Continuing Nursing Education Contact Hours: *This program has been awarded 5.5 contact hours.* The Partnership for Maternal and Child Health of Northern New Jersey is an approved provider of continuing nursing education by NJSNA, an accredited approver, by the American Nurses Credentialing Center’s Commission on Accreditation. Provider #P194-1/17/20. Provider approval is valid through January 2020. *Accreditation refers to recognition of continuing education activities only and does not imply approval or endorsement of any commercial product.*

Accreditation Statement: Hackensack University Medical Center is accredited by the Medical Society of New Jersey to provide continuing education for physicians.

AMA Credit Designation Statement: Hackensack University Medical Center designates this live activity for a maximum of 5 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Social Work: This symposium will increase knowledge specifically in fostering/creating healthy and nurturing parent /child relationships, and in overcoming psychosocial and medical challenges. Social Workers will be able to articulate the meaning and outcomes of mindfulness based parenting to prevent intergenerational trauma as well as to improve the quality of life for mothers and their infants and toddlers. Postpartum Depression will be discussed in terms of screening, resources, and outcomes. **This program is approved for 4 clinical social work CEU by Seton Hall University at Hackensack University Medical Center, Hackensack Meridian Health, in accordance with New Jersey Administrative Code 13:44 G and recognized by, The New Jersey Board of Social Work Examiners. This accreditation is recognized by the United States Department of Education, Office of Postsecondary Education.**

<https://ope.ed.gov/accreditation/Search.aspx> For accommodations, complaints or more information, please email or call Amy Gole at 973-268-2280 Ext. 100 or agole@partnershipmch.org.